

## **Valley Gastroenterology Associates**

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### **PROCEDURE PREPARATION INSTRUCTIONS**

You will need to use **1 adult size Fleet Enema** one-hour prior to arrival for your procedure. You can purchase the enema at any pharmacy. Please follow the directions on the packaging to ensure that you are properly prepared for the procedure.

***Hemorrhoid banding***- is a procedure used to treat hemorrhoids. A physician uses an anoscope (a small tapered cylinder with a light) to visualize the anal canal and locate hemorrhoids. Next, the Physician will use a sterilized tool to apply special latex elastic bands band at the base of each hemorrhoid that needs to be treated. The bands effectively cut off the blood supply allowing the hemorrhoid to slough off. You may experience some pain during the procedure and afterwards with bowel movements. Complications associated with the procedure and that should be reported are:

- Bleeding at the site of the banding that could stop on its own or need extra treatment
- Severe pain that should be reported immediately and may need additional treatment.
- There may also be certain risks and complications that are completely unforeseen and unpredictable therefore this list cannot be considered inclusive or complete.
- Although rare, there may be an increased risk of serious infection associated with hemorrhoid band ligation.

**PATIENTS WITH LATEX ALLERGIES CANNOT HAVE THIS PROCEDURE.**